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# Family coaching

#### Who we are

#### We

- are professionals trained in social work, social education, or psychology
- have migration-specific knowledge and intercultural competences
- are women and men experienced in working with families and/or children and juveniles
- speak many different languages

#### What we offer

#### We

- know potential problems of migrants
- support parents
- show interest
- are goal-oriented
- ask questions
- would like to hear your opinion
- are going to take you seriously
- are understanding
- · assess the family situation
- want to enable everybody to learn
- show that problems can be solved
- identify and name the problems
- · are able to identify and acknowledge your educational skills
- provide educational knowledge
- mediate within and outside of the family
- enable contacts
- show how and where the family can find help
- · organize stress relief
- practice new ways of behaviour with parents and children
- would like to strengthen every family member
- help your children to develop well
- would like to make your life easier
- show you how and where you can find help

## How we work

### We

- like our work
- speak with the involved people
- come to see you at home
- · come once or several times a week for a few hours
- count on your motivation and cooperation